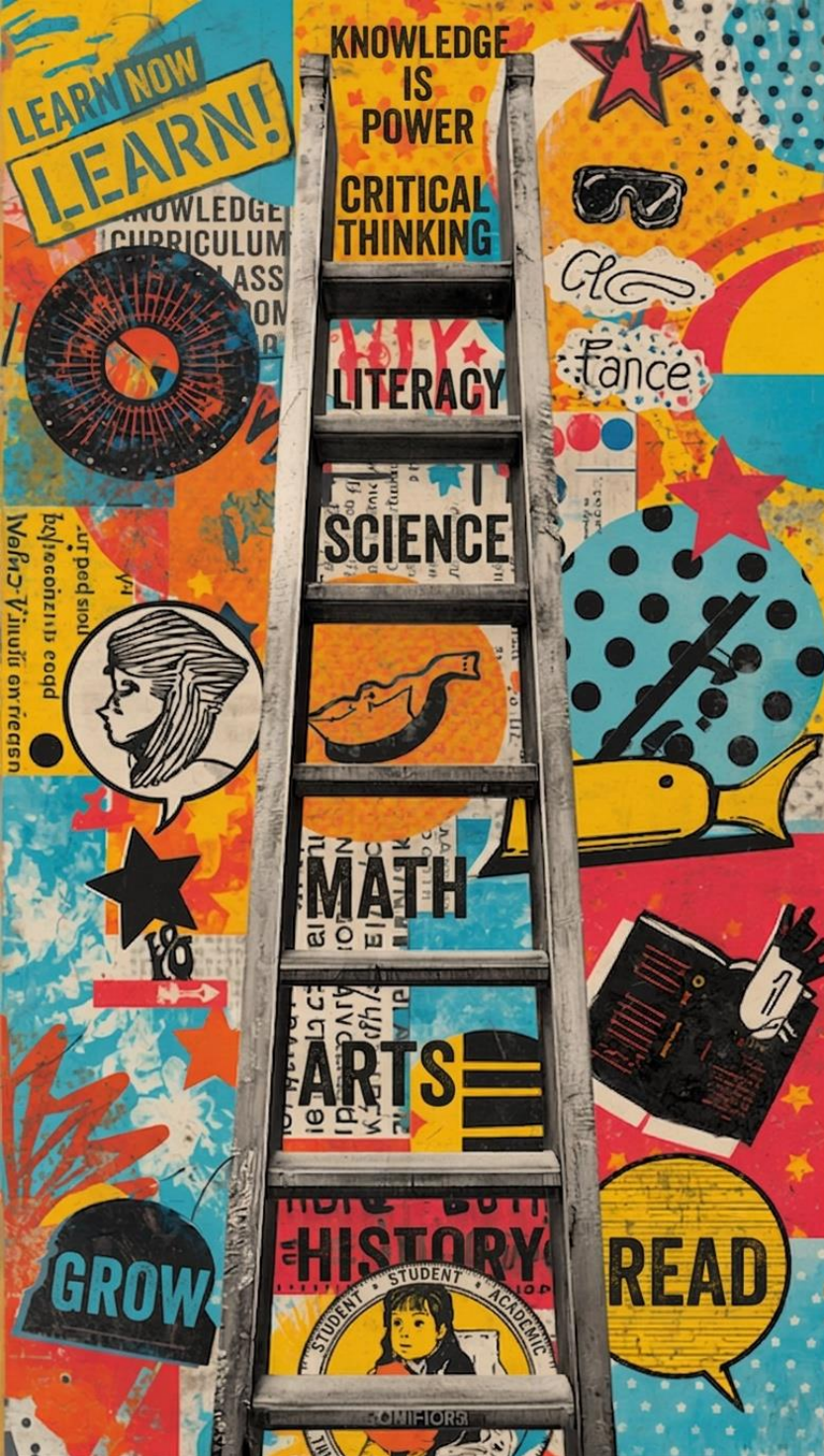




Tidings

From Primary years

Edition 1: Step In

August 2026

Welcome back to a new year and a new beginning!

Three months into the new academic year - what can we say? It has been an absolute pleasure welcoming back our young learners and watching them adapt, grow and settle into their new grades and sections – the segue has been so seamless that it makes us wonder if there was a summer break at all.

We want to give a big shoutout to our new students who have joined us this year, a warm welcome to our existing cohort and of course, our gratitude to our parents who work with us behind the scenes to ensure that our children gain a wholesome learning experience. Here's to another fantastic year!

– Team KRM

Edition 1 | August 2026

PREKSHA - Music Beyond Borders



The school auditorium resonated with music, energy and joy on Saturday, 1st August, as over 300 students from Grades 1 to 3 presented a heart-warming musical showcase across two packed shows.

The programme took the audience on a vibrant journey through eight languages. Several performances featured songs from the SaPa curriculum, highlighting the musical growth and confidence of our Grade 1 and Grade 2 students.

A stirring dance tribute to the valiant queens of India added a powerful dimension to the event, celebrating their courage and enduring legacy through expressive movement and storytelling.

One of the highlights of the programme was '*Making Melodies*', where parents joined their children in a lively interactive segment.

As the Grade 1 students sang, parents enthusiastically performed simple pre-taught actions, transforming the auditorium into a joyful celebration of music and togetherness.

Months of dedication and practice culminated in performances that showcased not only talent but also teamwork, confidence and a shared love for music.

The resounding applause from the packed audience across both shows made the event a memorable celebration for everyone.



Glimpses of Preksha





Parent Orientation Programmes: Strengthening Home-School Partnerships

The school conducted Parent Orientation Programmes for Grades 1–5, fostering a meaningful partnership between home and school and equipping parents with practical strategies to support their children's holistic development.

The **Grade 1 orientation** introduced parents to the school's vision, systems, academic expectations, and classroom practices. Through interactive case studies and the Family Routine Organiser, parents explored ways to nurture children's academic, emotional, and social growth while creating meaningful 'Me Time' and gadget-free 'Family Time'.

The session concluded with parents writing heartfelt notes to their children.

For **Grades 2 and 3**, case studies addressed everyday parenting concerns including screen time, morning routines, reading habits, balancing extracurricular activities, peer influences, and academic changes. The 'Moments That Matter – Me Time, Family Time' activity encouraged families to create sustainable routines centred on bonding, conversation, and togetherness.

Parents also had an opportunity to interact with the Principal and address their concerns and queries.



Moments from a happy partnership



Classroom sessions in progress





The Grades 4 and 5 orientation focused on the evolving needs of older learners. Grade 4 parents explored routines, study habits, communication, empathy, and respectful behaviour through case studies, while Grade 5 parents engaged with educational research on AI in learning, parental comparison, self-regulated learning, and healthy friendships.

Across all three programmes, parents engaged in thoughtful discussions and reflection, reaffirming the shared commitment of home and school to nurture confident, independent, and well-rounded learners.

Celebrating International Yoga Day



On the occasion of **International Yoga Day**, the Primary Wing came together to celebrate the importance of health, mindfulness, and holistic well-being through a rejuvenating yoga session held on the school grounds.

Students from **Grades 1 to 5** enthusiastically participated in the session, performing a variety of yoga asanas and breathing exercises under the guidance of their instructors. The calm, disciplined atmosphere reflected the students' focus and enthusiasm as they embraced yoga.



The celebration served as a reminder that yoga is more than just physical exercise—it is a way to nurture the body, calm the mind, and promote emotional balance.

The collective experience was a wonderful celebration of unity, wellness, and mindful living, inspiring our young learners to adopt a healthy lifestyle and carry the spirit of yoga beyond the classroom.



Field Trip to TISB – Grades 4 and 5



Breaking the Ice, Building Connections

Students of Grades 4 and 5 kicked off the new academic year with a joyful ice-breaker field trip to The International School Bangalore (TISB) in June. The day was filled with laughter, free play, shared meals, and opportunities to connect with peers in a relaxed setting.

Through collaborative games and informal interactions, students strengthened friendships while developing teamwork, communication, confidence, cooperation, and respect. More than just a day of fun, the experience helped foster a strong sense of belonging and community, setting the tone for a year of friendship, learning, and shared experiences.





Class Assembly – 5A

Embracing Change Through Metamorphosis

Grade 5A captivated the audience with a thought-provoking class assembly on the theme '**Metamorphosis**', celebrating the beauty of growth, transformation, and self-belief. Through a well-orchestrated blend of a skit, song, dance, and Kannada poetry, the students delivered a powerful message that resonated with everyone present.

The highlight of the assembly was an engaging skit that portrayed the journey of a caterpillar, often misunderstood as lazy while quietly preparing for its transformation into a butterfly. The performance beautifully conveyed that meaningful change does not always happen in the spotlight. Sometimes, the most remarkable growth takes place silently, reminding us that working quietly is not a sign of laziness but of perseverance and purpose.

Together with the Teacher's speech by Ms Veena, the performances encouraged students to value patience, embrace personal growth, and appreciate that every individual's journey unfolds in its own unique way.

The assembly left the audience inspired with an important life lesson—that quiet efforts and inner growth often lead to the most extraordinary transformations.





Class Assembly – 5B

A Tribute to Courage and Sacrifice

Grade 5B presented a solemn and inspiring assembly on '**Kargil Vijay Diwas**', paying tribute to the brave soldiers who laid down their lives during the Kargil War, with a special homage to Captain Vikram Batra.

Through a moving Hindi skit depicting his life, patriotic songs including *Mere Desh Ki Dharti*, heartfelt speeches, and a Kannada Thought for the Day on the value of sacrifice, students honoured the unwavering spirit of India's heroes.

The assembly reminded everyone that true courage is not the absence of fear, but the determination to do what is right despite it. This message was further reinforced by Ms Samyuktha M, who encouraged students to embrace their fears, explaining that while fear is a natural human emotion, overcoming it with courage is what makes one truly extraordinary.

The assembly instilled values of patriotism, resilience, gratitude, and selfless service, inspiring students to face challenges with courage and honour the sacrifices that safeguard our nation's future.



Class Assembly – 5C

Laughter is the best medicine

Grade 5C presented a delightful assembly on the theme **‘Laughter – The Best Medicine’** highlighting the power of humour to spread joy, strengthen bonds, and brighten everyday life.

The programme commenced with a heartfelt Guru Vandana in honour of Guru Purnima, paying tribute to teachers who inspire learning and happiness. The highlight of the assembly was an entertaining skit featuring Dr Banana Brains and his loyal assistant Suppandi, inspired by the beloved *Tinkle* characters. The audience was further delighted by appearances from the iconic Mr Bean, Charlie Chaplin, and Shikari Shambu, whose comic antics kept everyone engaged.

A brief speech on the life of Charlie Chaplin reflected on how he transformed life's struggles into timeless humour that continues to inspire generations. The assembly concluded with an uplifting English song celebrating happiness and positivity.

In her address, Ms Meenakshi reminded students that while laughter is a powerful medicine, it should always be shared with kindness and never at the expense of others.



Student Achievements



Rishabh Puri of Grade 5B received bronze medal in Rubik Challenge (held offline by Junior Cube Association and Speed Cubing India) in U11 category 3x3x3.

Adwaita of Grade 2A participated in the annual programme of Chinton Academy of Music, held at the Eastern Zonal Cultural Centre (EZCC), an autonomous organization under the Ministry of Culture, Government of India .



Adithya S Rao of Grade 5C took part in Tabla Exam conducted by Akhil Bharatiya Gandharva Mahavidyalaya Mandal, Mumbai. He has secured a distinction for this exam called 'Prarambika'.

Gauri Gera of Grade 2B has secured State Rank -1 and All India Rank -46 IN Unified International Mathematics Olympiad.



Abhijnan of Grade 4D secured 5th place in the Under-10 category among 62 participants at the Third Rapid Chess Tournament, conducted by R V Institute of Technology on 26 July 2026. He also won the 4th Prize in a chess tournament conducted by Friends Trust, scoring an impressive 5.5 points out of 7 rounds.

Prisha Si of Grade 4C got gold medals in freestyle, backstroke and Breaststroke in the Esprit de core swimming competition conducted by TTA. Our students, Alia Santhosh of Grade 5C, Prisha Si of Grade 4C and Aniruddh Reddyvari of Grade 4A, Arjun Sriram of Grade 4B, also won bronze medals in the 4x25m mixed relay.



Siddhanth Roy of Grade 4D took part in the Football Tournament Gold Fest on 31st July 2026 at NPS East. He was awarded the best player of the tournament under the category Grade 4 and below.



MUSINGS

Recycling for a better tomorrow

Every day, people throw away a lot of waste, and much of it can be recycled. Most of this waste ends up in landfills, which makes the area smell bad and can spread diseases. Instead of throwing everything away, we should recycle it.

You may have seen the Reduce, Reuse, Recycle symbol on many products. This symbol means that the product or its packaging can be recycled. Recycling involves collecting and processing used materials like paper, plastic, glass and metal so that they can be made into new products.

Many useful things can be made from recycled materials. Plastic can be used to make pavement blocks. Aluminium from soft drink cans can be used to make automobile parts. Recycled paper and wood can be used to make new paper. Food waste can be turned into compost or used as fodder for livestock. When we recycle paper, fewer trees need to be cut down. Recycling plastic, glass and metal reduces pollution and uses less energy than making new products from raw materials. Recycling also helps reduce the harmful effects of climate change.

We can help by using reusable bags, avoiding the waste of paper, separating recyclable items from other waste and sending them for recycling.

In conclusion, recycling and reusing our daily waste help keep our planet clean and green. Let us all make recycling a daily habit and work together to build a better world.

By Deepa AnilKumar



Thank you

We hope you enjoyed reading **Tidings**, our special '*Step Into the New Academic Year*' edition.

As a community of parents, teachers, students, and management, we look forward to continuing our journey together—with a shared sense of purpose and partnership in creating a holistic and enriching learning environment for our students.

As we prepare for our maiden Musical in September, we eagerly look forward to your continued support and encouragement.

We wish you many happy moments and a joyful everyday.

Team KRM