

Vol 1 | July 2023



# Tidings

From Primary Years

To new, chirpy beginnings...





## Welcome Note

The beginning of anything new is always a mixed bag of emotions.

There is cheer in the heart as we welcome a new year, it shows us that we have grown a year older, and hopefully a year wiser.

There is a bit of melancholy as we need to shed away the days with no schedules and get back to routine. There is comfort in knowing that the routine is a familiar one. There are new people to meet, new things to learn and new paths to choose. There is a sense of enigma but also a purpose, and a drive to excel and go beyond the ordinary. After all that is what drives the NPS family.

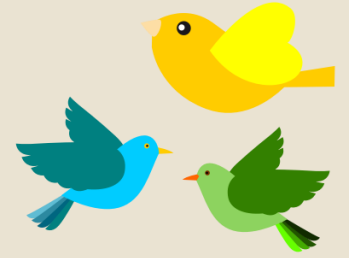
It is with this sense of pride and joy, that we bring you our first edition of 'Tidings' for this academic year.

A warm welcome to all those who have joined the NPS family this year.





## Grade 1 Orientation



***“Children are magic because they look for it.” – Christopher Moore***

The orientation session of Grade 1 was held on 9th June. It was an informative and engaging event that fostered a strong sense of collaboration and partnership between educators and parents.

The orientation started with an opening note by the Primary- coordinator Ms Malini Keshav. She emphasized on creating a nurturing and inclusive learning environment where every student could thrive.

Parents were given an overview of the curriculum, assessment pattern and extracurricular activities. Parents gained an insight into the subjects, teaching methodologies and resources available to support their child's learning journey. The teachers also shared their expectations and goals for the students, highlighting the importance of parental involvement and support in achieving a holistic development for each child.

Parents had the opportunity to ask questions and express their concerns, creating an open dialogue with the school principal Ms Jyotsna Nair. The event concluded with a reaffirmation of the importance of a strong partnership between teachers and parents.

Overall, the information provided during the orientation, empowered parents to play an active role in their child's education and make informed decisions.

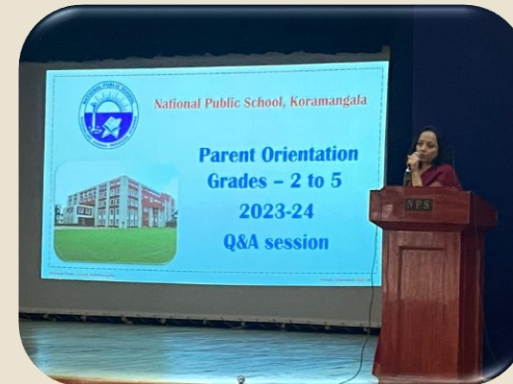




## Orientation for New Parents

To ensure a smooth transition of the new students for primary years, into the NPS KRM family and to apprise the parents about the systems and expectations of the school, orientation for the parents of newly inducted students in Grades 2-5, was held on 16<sup>th</sup> June, 2023. The orientation session comprised 3 domains; curriculum, assessment pattern and school expectations. The session was followed by a question answer round where the principal, Ms. Jyotsna Nair, addressed the queries of the parents.

*“At the end of the day, the most overwhelming key to a child's success is the positive involvement of parents.” - Jane D Hull*





## International Yoga Day and World Music Day

*“Yoga is like music: the rhythm of the body, the melody of the mind and the harmony of the soul create the symphony of life.”*

Yoga is a union of the body, mind, and soul, and when this union merges with music, the effect is transcendental. The students of NPS Koramangala attempted to create this atmosphere on the 21st of June 2023, on the occasion of International Yoga Day and World Music Day.

A series of performances, by the students, across grades 2 to 12, celebrated these two profound art forms. The result, as desired, was a symphony of life with the rhythm of the body, the melody of the mind and the harmony of the soul.

The audience was spell-bound as they witnessed yoga performance by the young and flexible yoga masters, from grades 3-5, on the beats of the song ‘The Universe’.



The primary students, with their malleable physique, amazed the audience by exhibiting seemingly bone-cracking yogasanas, contortions, and complex formations with ease. The audience surrendered their spirits to the captivating rhythm of two pulsating songs ‘Better When I’m Dancing’ and ‘Bones’. The vibrant energy and contagious enthusiasm of the singers and musicians was mesmerizing. The middle-school students showcased a balletic performance embracing the art of yoga, unveiling harmony through the various poses.





## Field Trips to TISB

*"Good friends  
are hard to find  
and impossible  
to forget." -  
John Green*

The beginning of the academic session is one of the most exciting times in the life of a student. Along with new teachers, books and everything else, come new friends.

To begin the new session with joy and fun, the students of Grade 1 to 5 went on their field trips to TISB, in the month of June, accompanied by their teachers. The school had organized the visit to TISB on a specific date for every grade, from 21<sup>st</sup> to 28<sup>th</sup> June.

The atmosphere was filled with warmth, anticipation and happiness as each grade embarked on their first field trip of the academic year. The students got to spend a whole day on the lush, verdant lawns of the school in the company of their teachers and peers.

The students were thrilled to play in the sprawling ground. They played many outdoor games.

Races were organised, snacks were shared and students engaged in various games. It was indeed a great experience. These trips helped them to learn and appreciate nature. It also aided to develop a sense of bonding, sharing and caring. Children eagerly waited for the lunch time after hours of play and relished the lavish spread served at TISB.

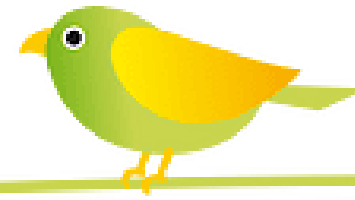
All in all, it was an experience students will cherish and remember for times to come. A day well spent in reigniting old friendships, kindling new ones!



TISB CAMPUS



# Chirpy moments At TISB







**“It’s not our job to toughen our children to face a cruel and heartless world. It is our job to raise children who will make the world a little less cruel and heartless.” -L. R. Knost**

## Session with our Counsellor



The session with our in-house counsellor Mrs. Sunanda Vinayachandran with the parents of Grade 2 was held on Tuesday, 4<sup>th</sup> July 2023 between 8:30 a.m. to 9:30 a.m.

It began with the parents writing down the toughest challenge they faced as a parent on strips of paper anonymously and went on to include how the words of a parent are scripted and etched in the mind of a child during his/her growing years. She then went on to discuss how things heard from parents in childhood form images that they cling to for life.



The session included a dialogue on what images are perceived by the children as they watch cartoons. The next activity was a discussion on the importance of Earth elements in raising children. The session concluded with an interactive question-and-answer segment. It ended with the counsellor reminding Parents to reach out to her whenever they felt the need so that children can have a wholesome fulfilling childhood.





***“What it's like to be a parent: It's one of the hardest things you'll ever do but in exchange it teaches you the meaning of unconditional love.  
-Nicholas Sparks***

## Grade 3 Counselling Session



Parenting is indeed one of the most beautiful experiences of life but it also brings with it a lot of challenges.

To ensure that the little ones have the most conducive environment at home and to combat some of the parenting challenges, ‘Counselling session’ was held for the parents of Grade 3 students on 18<sup>th</sup> July, 2023.

The session was conducted by Ms. Sunanda, the school counsellor. Parents shared their parenting challenges with her and engaged in interactive activities. They were assured that they could approach her on Tuesdays and Thursdays during school hours.

Overall, it was a fruitful and interactive session.





**Fire drills are a big part of being safe in school: They prepare you for what you need to do in case of any casualty.**

## Fire Drill and Fire Safety Workshop



A Fire drill workshop was conducted by Mr.Syed Nazal Pasha, Ex-service man, Indian Air Force, and currently Training Manager with Bharat Fire Services, on 24th June for the teachers to raise awareness as how to manage the situation in case of any unforeseen disaster. Teachers were given the demo and hands on experience on usage of fire extinguishers. The resource person was very effective and conveyed key information on how to be alert during any unexpected circumstances.

Subsequently, a mock fire drill was conducted on 13th July, for the students and staff in a well-planned manner.

The evacuation operation began soon after the fire alarm alerted the students. The students were immediately evacuated from their classrooms according to the exit plan and gathered at the assembly area adhering to the instructions given. The entire building was successfully evacuated in a smooth manner within 4 minutes.

The aim of the mock fire drill was to raise awareness among students and staff on how to respond swiftly in times of emergencies. It was also to ensure that the evacuation procedures to be done in an organized way in case of any contingency.





## Workshop on Cyber Security

On 20th July, the teachers of Primary years had an opportunity to attend the offline workshop on Cyber Security conducted by Palo Alto Networks.

This 3-hour workshop aimed at sharpening their thoughts on threat hunting skills related to cyber and apprise them on how to combat those adversaries. The session covered topics like MFA, Network security, Cloud security, Threat Intelligence, Cyber AECS, Protecting digital life, Malware and its different types like vishing, phishing smishing etc.

**The life of a teacher begins the day you realize that you are always a learner.**

The session also emphasized that teachers shoulder a great responsibility in making the students aware of all these threats and educating them on how to prevent many of these threats by being extra careful.

Overall, the workshop helped the teachers to be aware of various cyber treats being faced by the students, teachers and organisations on regular basis and how, by being aware and alert, these malicious attacks by hackers, spammers, and cybercriminals can be averted.





## Grade 5A-Assembly

On the 6<sup>th</sup> July, we kickstarted assemblies in school, for the primary sections, with Grade 5A. A morning assembly helps students start their day with positivity and instils in them moral principles and values through a central theme. On this occasion, the students chose the theme of *World Environment Day* to spread the message 'Beat Plastic Pollution'.



The effects of plastic on ocean life were presented through a play 'Jal: The Adventures of a Plastic Bottle'. While the world has derived great benefit from the use of plastics, the harmful effects of plastic can be reduced by practicing the 3 Rs-Reduce, Reuse and Recycle.

This message was communicated through a dance by a group of enthusiastic students. The students also had an opportunity to hone their public speaking skills by impersonating important environmentalists and reciting a Hindi and a Kannada poem.

Music has always been an integral part of our class assemblies and important teachings are reinforced through this medium. Our assembly highlighted *Earth and the importance of trees through songs*.

Overall, the assembly was well received and it achieved the objective of spreading the message of reducing plastic pollution and showcasing its harmful effects on the environment.



*Earth provides  
enough to satisfy  
every man's needs,  
but not every  
man's greed. -  
Mahatma Gandhi*







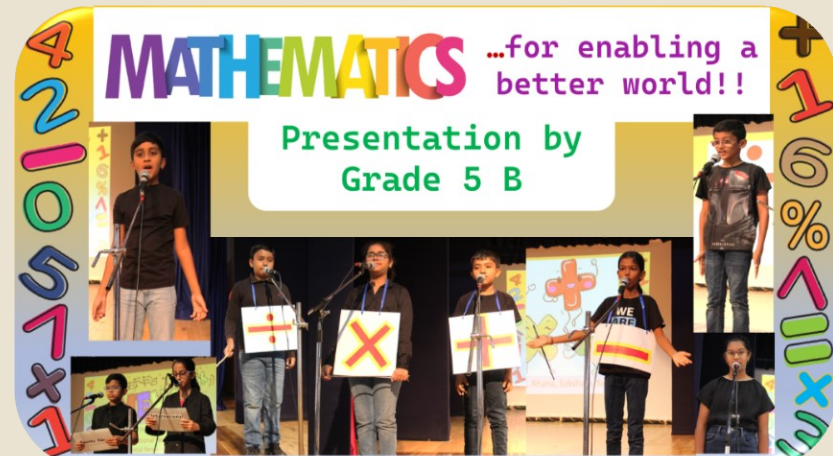
## Grade 5B-Assembly

The class assembly of Grade 5B was held on 13<sup>th</sup> July 2023 on the topic 'Mathematics – for enabling a better world'. Based on mathematics, the students entertained the audience with a variety of programmes.

Four students representing the math symbols, spoke on the uses of addition, subtraction, multiplication and division in the real world. The presentation also had the thought for the day, news, math riddles, jokes and the math 'Word of the day'. Through the dance, the children showcased various angles.

The Kannada song was based on the number 7 – seven colours, seven stars forming Saptarishi, seven days, seven notes in music etc. and the English song blended mathematics with the tune of 'Top of the World'. We could see art being integrated in the entire show.

Overall, the audience enjoyed the show and participated in the riddles enthusiastically. The students of 5B also enjoyed putting up the show.





## Grade 5C-Assembly

‘One Earth-One Family -One Future’- this was the theme that echoed through the assembly of Grade 5C held on 28<sup>th</sup> July . The presentations revolved around the theme of Vasudhaiva Kutumbakam which is the theme of India's G20 summit this year. The assembly began with the shloka, ‘*Lokah Samastha Sukhino Bavanthu*’, a melodious performance that set a tone of serenity for the rest of the show.

***For a non-violent person the whole world is one family. He will thus fear none, nor will others fear him.- Mahatma Gandhi***

The panel discussion was preceded by an introduction to the G20 and its importance this year for India. The panel discussion in the form of a TV programme delivered the core themes of the G20 such as the theme, agenda and the troika of G20 leaders in a simple yet effective way. This was followed by a dance set to the song '*Vasudhaiva Kutumbakam*' which focussed on the idea of one religion -humanity and one language-peace. The English song ‘We are one family’ captured the true essence of the class assembly with the students uniting on the stage with great gusto to render this song.

The G20 is of great importance this year to India as India heads the summit this year. This is a prestigious recognition for India on the global platform.







## A new beginning ....

Standing in the balcony of my apartment one day, I felt the warmth of the summer sun quietly vanishing, the weather seemed to be changing slowly in Bengaluru. The bright sun started giving way to the tiny dark clouds and the little buds began to bloom. All indicating towards a new beginning. Suddenly the honking school bus diverted my attention. In there, I saw children of all ages with smiling faces and bright eyes. They were visibly geared up for the new academic year carrying along a mixed baggage of anxiety, excitement and expectation. My heart started to beat fast, because it was going to be my special day, “A New start and A New Beginning” for me too. I rushed with my chores since I didn’t want to be late on my special day.

When I approached the gate, I was welcomed by the warm smile of the gateman. That gave me the confidence that I was at the right place and something good was awaiting to happen. Soon, the place started hustling with people. Children were happy to meet their old friends. They dropped their bags and immediately went off to play.

Meanwhile on the other side I could see anxious parents giving hurried instructions to their little ones and proud grandparents happily waving to their grandchildren.

Inside the building, I could hear footsteps and see the staff members wishing each other good luck for the upcoming year. Though our hearts were filled with excitement and mine had an additional sense of nervousness, we had to gather ourselves quickly and go ahead with the day’s proceedings.

Just like all new endeavours begin with blessings, we too assembled in the ground for our morning prayers. There were questions in those little eyes that were constantly looking at me and would turn away shyly when I looked back. I knew they would pounce on me with questions galore once we went back to our rooms. Walking back, I could hear them guessing who their mentors for the year would be and finally we stepped into our sacred place, our classroom. Yes, this was the place I wanted to be in when I took up my dream job of being a TEACHER ... a FACILITATOR!

The thought that lingered in my mind was that we can achieve great success with a little love, total trust, earnest efforts, confident competence and spirited smiles.

**-Krishnapriya V**

:: Musings ::







## Thank you

*'Chirpy beginnings'* and *'Positive vibes'* are the two expressions that come to our mind when we reminisce about how the month of June began. Our student community has been a big part of what makes every year an experience to look forward to and this year is no different.

In addition to having a great year, we look forward to creating a plethora of new memories with active involvement from our parent community too, especially our new parents who have chosen to make NPS their choice for their children.

Wishing everyone good health and a great year! Here's to a great beginning at NPS Koramangala.