

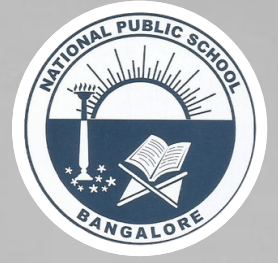


*...from moments of warmth and
reminiscence...to new beginnings*

Tidings

From Primary Years

Vol 4 | December 2023



Welcome

"Every day is the opportunity for a better tomorrow."- Hugh Laurie

There is a faint hint of chill in the air. We reminisce about the winters of yesteryears. But there is a difference that all of us can feel. Our city isn't as cold as it used to be and the difference this time is quite stark. While we are all taking in the implications of what this means for our future, it is time to also teach our children what we should be doing to combat changes such as these.

The holiday season opens the door to a new year and it could also open the opportunities for realistic, practical changes. While we take our resolutions for fitness and better health, we would like to propose and of course, practice small changes for a better planet to ensure a sustainable future for the next generation- What is a better way than to start our discussions on climate change?

Small changes begin at home. This new year, we hope we can all set the ball rolling to talk about reasons to rejoice, not just for this year but for years to come. Let our resolution this year include a promise to be more responsible and do our bit for the planet.



Khoj

KHOJ- An exhibition of learning, was held on the 9th of December 2023 showcasing learning of Grade3,4and 5 students.



Aves

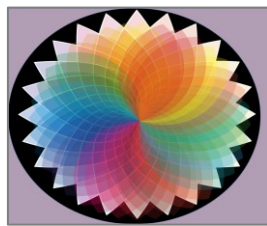
Grade 3 students enthusiastically presented their projects on the topic 'Birds'. The classrooms had a festive atmosphere with colourful displays and informative charts based on bird sanctuaries and state birds of India. 3D models of parts of a bird's body and flight mechanisms demonstrated their understanding of the aerodynamics and the different parts of the bird's body which enable birds to fly.



Mathematical skills were displayed by designing fraction and tangram puzzles with bird-themed shapes. The visitors were engaged in various interactive activities in Hindi and Kannada. Students also creatively displayed their knowledge of English Idioms and collective nouns related to birds showing their language skills.

‘CHROMA’ was the theme chosen by students of Grade 4. Their exhibits explored the cultural diversity of India through the lens of different colours.

The students demonstrated their understanding of the science of chromatography, colours in soils, and rocks, as well as primary, secondary and tertiary colours through colour-mixing experiments. They used colours to explain various mathematical concepts like 3D shapes, decimals, fractions etc. The skits presented in Hindi, Kannada and English beautifully intertwined characters from the textbooks into captivating stories, highlighting the significance of colours.



Grade-4

Chroma



Grade 5

The Sojourn

Grade 5 students delved into the intriguing theme of ‘Travel’. Their Social studies and Science exhibits revealed the past, present and future of travel, encompassing various working models of the Maglev train and the science behind submarine, hyperloop and space travel to mention a few. Their proficiency in Math was displayed through topics of speed, distance, time, temperature and currency conversion. The skits and games in different languages -Hindi and Kannada highlighted the importance of travel to increase knowledge. The English skit was an amalgamation of shadow play, mime and songs based on stories from their textbooks, and stressed on the dire need for empathy towards animals and nature in the present scenario existing in the world.

The exhibition was a grand success thanks to the dedicated efforts of the students and teachers. It provided a platform for students to showcase their knowledge and skills while fostering a sense of confidence and pride in their achievements.

KHOJ

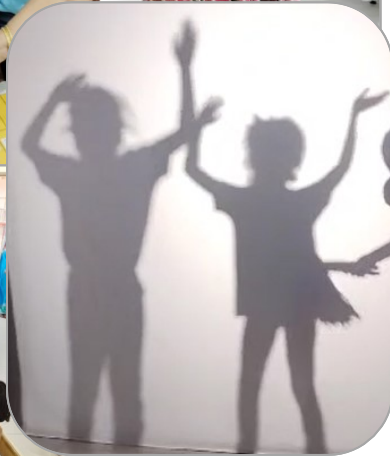
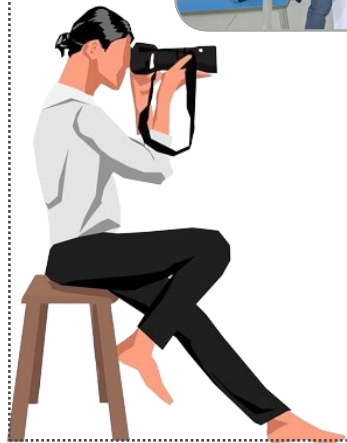


PHOTO GALLERY

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Learning Centers

The implementation of Learning Centers in Grades 1 and 2 this year at NPSKRM was a resounding success, enhancing the overall educational experience for students.

There were 5 centers set up in each section of Grades 1 and 2. Every learning station was equipped with a diverse range of resources, including interactive learning materials and supplementary materials catering to various subjects and learning styles. The topic chosen for Grade 1 was 'Plants' while Grade 2 chose 'Skeletal System' as the central theme.

The parents witnessed how the Learning Centers created a conducive environment and fostered independent thinking, creativity, and encouraged collaboration among students.

The Learning Centers offered an opportunity for students to reinforce and apply concepts learned in the classroom. Students could deepen their understanding and retain knowledge more effectively through hands-on activities and interactive resources.

Overall, the event marked a significant milestone in our commitment to provide a dynamic and personalized learning environment for all students. These students are now looking forward to the upcoming Learning Centre in the month of January 2024.

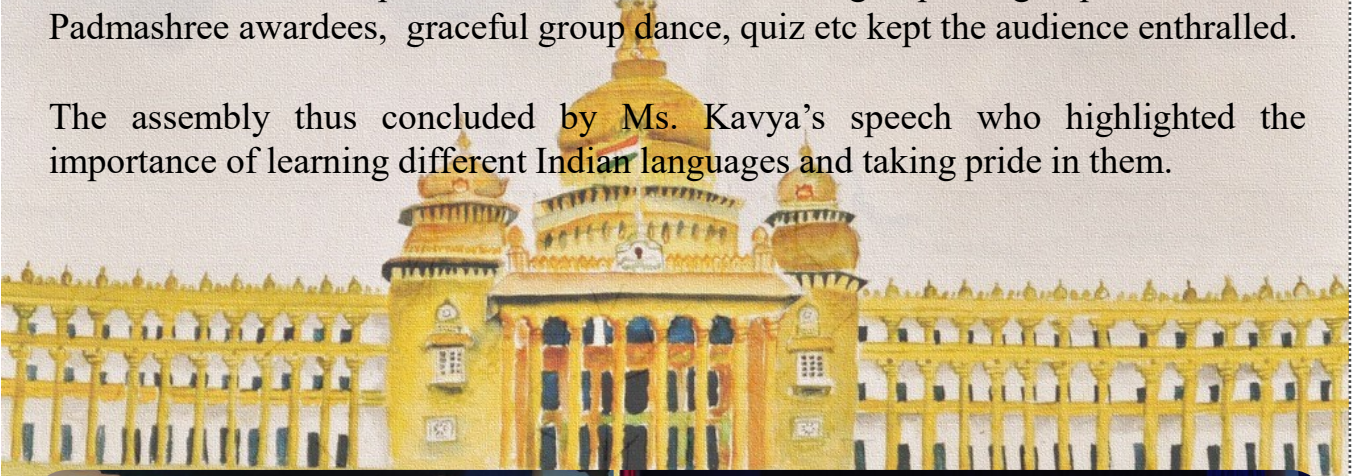


3D Class Assembly

Class 3D conducted their assembly on Kannada Rajyotsava. Karnataka Rajyotsava, also known as Karnataka State Day, is celebrated annually on 1st of November in Karnataka. It commemorates the merger of the Kannada-speaking regions of southwestern India under the States Reorganisation Act to form the state in 1956.

The students of Grade 3D celebrated their assembly on this theme with great fervor and enthusiasm. A plethora of events such as group song, speeches about Padmashree awardees, graceful group dance, quiz etc kept the audience enthralled.

The assembly thus concluded by Ms. Kavya's speech who highlighted the importance of learning different Indian languages and taking pride in them.



2A Class Assembly

“Coming together is a beginning. Keeping together is progress. Working together is success-Henry Ford”.



Grade 2 A class assembly focussed on the importance of working collectively as a team. Every organisation depends on its team to accomplish the tasks efficiently. The outcome of a task is better when there is a cohesive team working on it rather than an individual working in isolation towards the objective.

Little blooming buds showcased their talents through dance, skit, songs etc. revolving around the theme of team work. Their performance was truly enchanting.



Students learnt that working in teams will benefit them in future. When they work in teams they are engaged in active learning, enhancing their knowledge and understanding better as they help each other to learn.



The assembly was concluded by the speech of Ms. Padmini who reiterated the importance of team-work by quoting various examples of team-work from nature.





2B Class Assembly

‘Respect time as time is precious’. Don’t let it pass by, for once it is gone there is nothing to do but cry.

The class assembly of 2B held on 9th November 2023 reflected the importance of punctuality in all aspects of a student’s life. The assembly had lots of interesting facts on the reason why punctuality was important to all our great leaders like Mahatma Gandhi and Pandit Jawaharlal Nehru. It highlighted the need to sleep well on time, complete tasks on time and preparedness in order to be successful in our life.

While being punctual and organized obviates the chaos and confusion, it helps us to achieve our goals. Being punctual is nothing but respecting other’s time, was stressed upon. The assembly included a meaningful Mime, a Hindi Skit on punctuality as well as a Kannada poem on the same topic. All in all it was very informative and concluded with an interactive quiz.



2D Class Assembly

“When tillage begins, other arts follow. The farmers, therefore, are the founders of human civilization.” – Daniel Webster

National Farmers Day or Kisan Diwas, observed on December 23rd was the theme for Grade 2D class assembly. They were proud to dedicate this assembly to the farmers who are the back bone of Indian Economy.



Kisan Diwas program was tailored to suit the theme complete with narration, rendition, dance, short skit and songs to bring out the importance of farmers in our lives.



The assembly began with a happy farmer song which encapsulated the regular routine of every farmer. This was followed by the news, thought and word for the day. Our enthusiastic bunch of students rhythmically danced to the evergreen song, Meri desh ki dharti.

The class assembly was a great success as the students enjoyed putting up the show in honour of the ‘annadatas’ (grain providers) of our country.



2C Class Assembly

“Carry out a random act of kindness, with no expectation of reward, safe in the knowledge that one day someone might do the same for you.” – Princess Diana



The students of grade 2C presented an assembly on World Kindness Day on 16th November. It was aimed to promote kindness, compassion, and empathy among students, staff, and the wider school community.



The students were given the opportunity to share their thoughts on kindness during the assembly. They delivered speeches on the importance of kindness. They presented a poem and a skit that showcased the power of small acts of kindness. These presentations resonated with the audience, fostering a sense of unity and empathy. The assembly emphasized that kindness is a choice we make every day. It reminded everyone that even small acts of kindness can have a significant impact on individuals and the overall school community. By being kind to ourselves and others, we can create a positive and supportive environment.



The Kindness Day Assembly aims at promoting kindness, compassion, and empathy among students and staff.

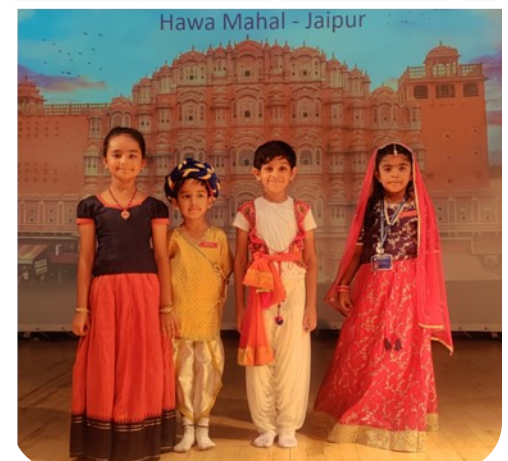


1A Class Assembly

Grade 1 A class assembly centred around the theme of "Indian Heritage - Tour to North India." It was a rich and immersive learning experience for both students and educators. The assembly aimed to delve into the cultural, historical, and architectural marvels of North India, offering a virtual journey that brought alive the vibrant tapestry of this region to life.

The assembly began by exploring the rich cultural diversity of North India. Students gained insights into the varied traditions, languages, and customs that characterise the region. The virtual tour delved into the historical significance of iconic landmarks such as the Taj Mahal, Qutub Minar, and Red Fort. Students learned about the Mughal and Delhi Sultanate. North India is known for its religious diversity, and the assembly highlighted the coexistence of Hinduism, Islam, Sikhism, and other religions in the region. A segment of the assembly focussed on the geographical features of North India, including the Himalayan Mountain range, the fertile plains of the Ganges, and the Thar Desert. Students also learned about the famous dishes of each state, appreciating the flavours and culinary traditions that make North Indian cuisine renowned worldwide.

The class assembly on "Indian Heritage - Tour to North India" successfully immersed students in a multifaceted learning experience. It not only broadened their knowledge of the region's cultural and historical significance but also fostered an appreciation for the diverse elements that contribute to India's rich heritage.



1B Class Assembly

On 5th December 2023, Grade 1B presented its assembly, showcasing the rich cultural heritage and diversity of South India. The assembly aimed to educate and entertain students while fostering a sense of unity and appreciation for the region's traditions.

The assembly commenced with students playing the characters of Aladdin and Jasmine, travelling in their magical carpet taking a brief sojourn in South India. To apprise the audience about the rich history of South India. The students spoke about the architecture, classical dance forms and the culinary delights of the southern states. This was followed by a dance performance.



Students, dressed in traditional attire, showcased their talent through enthusiastic performances. The assembly ended with the students singing a popular Tamil rhyme set to a foot-tapping tune which left the audience in awe. Through the various segments of the assembly, students gained a deeper understanding of South Indian culture, history, music, dance, and cuisine. The event not only entertained but also educated and inspired hence leaving a lasting impact on the audience.





Session on Water Conservation

Thousands Have Lived Without Love, Not One Without Water. - W.H.Auden

While the world focusses on climate change, plastic pollutants and air quality, water as a resource, is often taken-for-granted. It is quite unfortunate that water wastage is one of the biggest issues we face today. We ourselves are to blame for it as unconsciously we all tend to waste a lot of water in our households.

It is with the resolution to bring about a change, that a session on water conservation was held for the primary students. The idea was to help our children realise that they have a role to play in saving water- as an individual, as a family, as a student and as an eco-warrior.

The students participated in the 'Conversations around Conservation' project, a presentation and discussion led by Ms. Darshana Gupta and Ms. Meenakshi V. The students learnt about the importance of water conservation and how we must take up sustainable practices to save water, no matter where we are.

Students promised to implement the ideas shared; in their households and in their school, especially while filling up their water bottles and washing their hands. They also came up with slogans to save water which they diligently put up in the class boards. It was heart-warming to see that no matter what the age group, our students are committed to saving water in their own little ways. The water conservation project is a part of the CBSE awareness campaign for students.



Health and Fitness Talk

A healthy body and mind are essential for a successful and fulfilling life and it's important to instill good habits early in life. The 'Health and Personal Hygiene' talk at NPS Koramangala was aimed at educating students from Grade 1 to 5 on the importance of maintaining good health and hygiene practices.

The health and hygiene sessions conducted by the in-house nurse Ms. Deeksha were interactive and interesting. The sessions were focussed on the significance of nutrition, exercise, proper sleep and having a happy attitude.

The importance of personal hygiene, like washing hands properly, was taught with practical demonstrations. Students were trained to sing the 'Happy Birthday' song twice while washing their hands to ensure thorough cleanliness. They learned about the importance of maintaining good oral hygiene and steps to be taken towards improving health and minimizing the spread of germs.

All students, regardless of their grades, participated in the health and personal hygiene practices. They learned practical skills that can contribute to healthier lives. Students were encouraged to share what they learned with their families as an extension of promoting health and hygiene at home.





Children's Day Celebration

“Celebrate the child in you because that is what makes this life so full of brightness and happiness.”

Children's Day for grades 1 – 5 was celebrated on 15th November with a lot of zest and excitement. Primary teachers put up a great show for their children which included enthralling performances like Hindi skit, graceful dances by different groups, melodious group song etc.

All the children were thrilled by the show and enjoyed the programme to the fullest. Thunderous applause soared in the air.

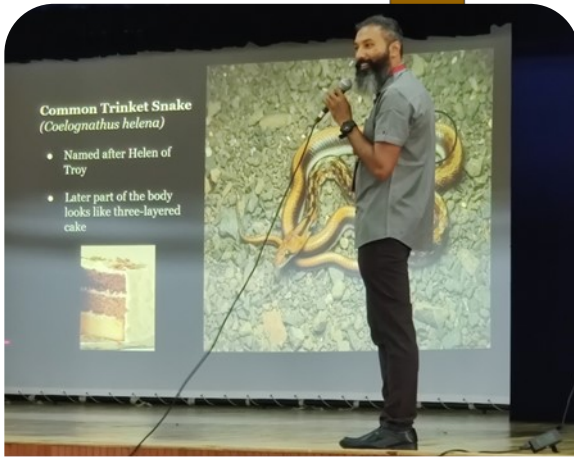
Children also had the class party and fun time which included games, dance, story time etc. Art competition was organized across grades 1 -5 on the topics; dinosaurs, birds in the forest, geometric art, under the sea, cartooning for peace. All the children participated whole heartedly with a creative mind and keen spirit which paved the way to unleash their hidden talents.

The day created an unforgettable memory in the minds of the children.



Wildlife Talk for Grade 4 and 5

**“ The wildlife and its habitat cannot speak, so we must and we will..”
Theodore Roosevelt.**



On the 4th of December 2023, students had Mr. Shuayb Ahmed who is a wildlife rescuer, enthusiast and conservationist, in their midst. He introduced the ways in which students can contribute to wildlife conservation.

Students intently listened as Mr. Shuayb elaborated on the harm that one can cause knowingly or unknowingly to the wildlife and birds in the neighbourhood. He conveyed to the students the risk of manjha used in kites that is the major contributor of fatality in birds. This was followed by an engaging session on the big four venomous snakes, the patterns on their skin and other non-venomous snakes that anyone can come across in their lifetime. He also spoke about ways to avoid snake bites and measures to be taken when someone gets bitten by a snake. Students clarified their doubts during a short, interactive, question hour.

The wildlife expert shared few of his personal experiences that was very captivating for the audience. At the end of the session, students pledged to conserve wildlife in their own, little ways. The thoughts about wildlife and its conservation has now become deep seated in their minds and hearts.

Inter-Class Competitions

Creativity is as important now in education as literacy and we should treat it with the same status. -Ken Robinson

It is said that ‘Co-curricular activities help students develop problem solving, reasoning and critical thinking skills. These activities when merged with academics, will help students learn effectively.’

Keeping this in mind, Inter-class co-curricular competitions were conducted across the Primary years. These competitions provided students with an opportunity to participate in a variety of activities.

These competitions encompassed scholastic activities like Spell Bee, Math Whizz, Declamation, Essay writing, Cyber Champ and GK Quiz as well as co-scholastic activities like Indian and Western Music, Dance, Art and Craft.

We in NPSKRM believe that these competitions help in enhancing students’ proficiency in academics and at the same time help the students develop important life skills like confidence, socialization, stage presence, time management and organizational skills.

These Inter-Class Competitions were spread over a period of 5 months; from August to December. The preliminary round of the competitions gave every child an opportunity to participate in the event of their choice, while the selected students competed with each other in the final round. The winners will be felicitated with a certificate in the month of January.





Cyber Wellness Program

Without cyber education, there will be no cyber security. - Dr. ir Johannes Drooghaag – CEO Spearhead Management

In this fast-paced digital world, children are increasingly wired to social media and the internet, which raises concerns about various kinds of cyber threats such as cyberbullying, gaming addiction, identity theft, copyright infringement, and malware.



To safeguard our children with the armour of awareness and to preempt the possible pitfalls, an informative session on cyber-related issues was conducted by the faculty of Computer Department for the students of Grades 4 and 5 during the first week of December 2023.



The students were sensitized on ethics and rules of using social media, adopted fair practices, and helped them navigate cyberspace safely and responsibly.



Students enthusiastically participated during the discussions and the week-long activities.



Workshops for Teachers

It is said that the one who dares to teach must never cease to learn.

As a part of Professional Development Programme, the teachers at NPSKRM, undergo training programs on regular basis.

A CBSE workshop on Gender Sensitivity was conducted in the school on 18th November 2023. The resource persons for the workshop were; Ms. Pinkey Singh, Principal of Royale Concorde International School, Bengaluru and Ms. Priya Simon George, Principal of The Happy Valley School, Bengaluru.

The session focussed on accepting various genders and the need for inclusivity in schools. There were in-depth discussions and activities to differentiate between diversity and inclusion.

This learning on Gender Sensitivity in Schools will enable the teachers to look at teaching – learning process in a different light.

Another CBSE workshop on 'Art Integration' was held on 2nd December, 2023. It was conducted by the CBSE resource persons; Ms. Manjula, Principal of Bhavan Bangalore Press School and Ms. Parvathy Seshadri, Principal of The HDFC School, Bengaluru.

The session apprised the teachers of various ways of integrating art with the core subjects through activities and role plays. It was further emphasized that art should be an integral part of our education. It is important as it develops multiple intelligence and creativity among the students.

STAFF TRAINING



Climate change is not just an environmental problem; it affects every aspect of our life; from the air we breathe to the food we eat. In a world where our choices reverberate far beyond our immediate surroundings, the importance of mindful consumption cannot be overstated. As teachers, it is our duty to help every generation understand the gravity of this situation and empower each one of them to make a positive difference.

In today's world, students are bombarded with advertising and consumer messages from all sides. It's easy to get caught up in the latest trends and buy things that we don't really need or want. As role models and guides, we can educate and empower students from a very young age so that they can make informed choices about their purchases and reduce their environmental and social impact. It is really important to consider the environmental, social, and ethical implications of our purchasing decisions. Teaching this to our students is simple and will have long lasting impact on the environment.

By emphasizing to choose products that are eco-friendly, made from sustainable materials, or have a lower carbon footprint, we can reduce the burden on our environment. Urge students and parents in supporting local businesses and artisans which will help reduce the environmental impact of shipping and support the local economy as well. Mindful consumers always try to minimize their use of disposable items like single-use plastics. They opt for reusable alternatives whenever possible. Teachers can incorporate mindful consumption education in a variety of subjects, such as environmental science, and social studies. Holding debates, art competitions, skits, recycling drives and showing documentaries will imbibe these practices further.

As teachers we have a unique opportunity to shape the future of our planet. Our aim is to cultivate values which a student will carry on for his entire life. These small steps in school will help empower students to become informed, engaged, and proactive environmental stewards who contribute to the collective effort of saving our planet. Let's help create a more sustainable and just world.

-Ms. Varunika Vyas





Thank you

At NPS KRM we believe in synergetic relationships for problem solving. Conversations about a sustainable future need not be bleak and pessimistic. Our young minds of today, and we say confidently about our little ones at NPS KRM, are surely a beacon of optimism and promise.

Every discussion that we have with our children has them radiating with responsibility and a sense of unison when it comes to taking care of their home, their school and their planet. While we develop this sense of synergy and a conscious awakening of their responsibility, we also work with them for a bright future in a holistic manner.

On that note, we wish you all a very happy and healthy New Year! We will soon be back with our next edition of Tidings!

"The greatest threat to our planet is the belief that someone else will save it."

— Robert Swan

