



*Global Montessori Centre,
Koramangala*

Intouch

*Montessori
Newsletter*

Vol. 3

Welcome Note

December is here and 2023 draws to a close much faster than we expected!! Even as we prepare for the festivities that lie ahead we look back with fondness to the year that was. Our little ones continue to grow, thrive and amaze us every single day.

In this edition of our newsletter, we strive to bring you a birds eye view of everything that transpired since September. From the in-house Sports Day (Spectrum 2023), Elf Book Week (Readathon), Science Fest for Montessori Seniors (Wonderstruck) to the Freshers' Parent Observation and much more, we did it all.

We would like to wish all our readers,

Happy New Year
2024



Montessori students had their in-house Sports Day, Spectrum after a gap of over 3 years. Giving each class their own day of 'fun in the sun', made the in-house sports day the right choice. The little boys and girls arrived bright and cheerful in the vibrant colours allotted for their class. They set the tracks on fire from 3rd to 9th October 2023.





Laughter filled the air as the tiny tots, full of energy and enthusiasm, showcased their athletic abilities in a series of delightful track events like 'hop like a bunny', 'balance it to win it', 'step it up' and so on. The highlight of the day was the finale event, a team building game which saw each child sort the coloured balls into the right corner. The children acted as the quality control, ensuring that the task was completed to perfection. The easy laughter that accompanied the game was contagious and had everyone smiling in delight too!!





Certificates were presented to the little sportspersons, to acknowledge the sportsmanship and team-work demonstrated during the entire event. All children cooperated with the teachers and were ready in a jiffy for the prize distribution, each one receiving the certificates with a lot of pride. We at Montessori look forward to having such fun filled days in future too.



Talk by Ms. Deeksha, School Nurse

The school nurse, Ms. Deeksha had an informative and interactive session on personal hygiene on 12th October for the Montessori students. The objective of the talk was to educate the students on the importance of personal hygiene. She emphasized the importance of washing our hands as the first and most crucial step in personal hygiene. She used colourful visuals to depict the stages for washing hands thoroughly. She asked the children to scrub their hands for at least 20 seconds, which is approximately as long as we take to sing the 'Happy Birthday' song, she said. She also spoke about the significance of brushing our teeth twice a day, bathing and showering, changing clothes and nail care.





Karnataka Rajyotsava



This year we celebrated Karnataka Rajyotsava Day in a very novel way. The children had a gallery walk through the Art and Craft Exhibition displayed by the Grade 6 and 7 students. The display featured artwork inspired by prominent landmarks, festivals, games, weaves, traditional utensils, food and traditions of Karnataka.

Children were asked to pack traditional Karnataka delicacies. What better way to introduce the culture than through the food! Snack boxes came filled with a variety of dishes ranging from Bisi-Bele-Bath to Mysore Pak. Children shared the same with their peers giving others an opportunity to get a taste of the diverse and delectable cuisine our state has to offer. Some of our children even shared their own nuggets of information about the dishes.



Readathon



“There are many little ways to enlarge your child’s world. Love of books is the bet of all.”
Jacqueline Kennedy

Readathon, the Book Week for Early Years was held from the 6th of November to the 10th of November. Exciting and delightful activities were curated to foster a love for reading by instilling a passion for books, enhancing language skills, and creating a fun-filled environment for the young learners.

During the course of the week the children were seen reading books in the midst of nature, having story telling sessions outdoors, playing scavenger’s hunt and so on. The Seniors were encouraged to learn a new word and introduce that word to the class in a creative form. They also learnt and recited a poem during the week. The Juniors recited the rhymes they had learnt at home to their classmates. The Freshers dressed as their favourite comic character and were able to speak a few lines about their chosen character.

Expressing oneself through art gives children an opportunity to unleash their creative side. The Juniors and Seniors were seen making their own bookmarks, while the Freshers created their own letter placards. The week ended on a high with children wearing traditional attire to celebrate Diwali.



Readathon

READ.
THINK.
ACT.

DIY
Bookmarks

Phonics i Sound

Poetry Recitation

Nature
Scavenger
Hunt

dress
me-up



Children's Day

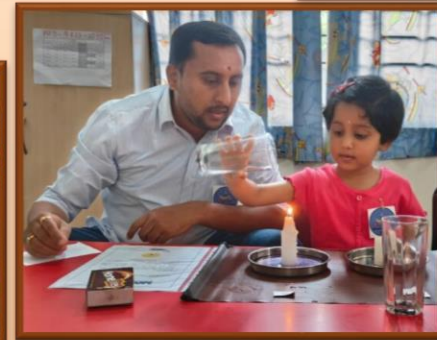
Children's day was celebrated on 15th November 2023. The celebrations started with a Magic Show by the Magician Mr.Srivatsa. This was followed by the teachers weaving their own magic , with the dramatization of two popular stories. Needless to say, the children were amazed to see their teachers on stage and enacting their roles to perfection. The final act for the day was a dance performance by the rest of the Early Years teachers. They performed to famous Bollywood and English numbers in dialogue reel style. The celebrations were not only a testament to the innocence and exuberance of our young learners but also showcased the incredible enthusiasm and ability of our dedicated teachers to step outside their comfort zone to make their students happy.

Back in class, teachers joined the children in various games and activities. The happy smiles on the faces of the students and the teachers, showed that the child in us is always waiting to be unleashed.





Wonderstruck, a science event was organized on 18th November 2023 for the Montessori Seniors. Our little scientists had an amazing time exploring the magic of science as they conducted simple science experiments guided along by their parents. Throughout the event, our dedicated teachers, encouraged the children to ask questions and share their observations. It was heartwarming to see their faces light up with understanding and curiosity, as they witnessed and experienced the magic unfold before their very eyes. We couldn't have been prouder of their curiosity and enthusiasm! It is our ardent desire that this event is the beginning of every child's exploration journey into the world of science.

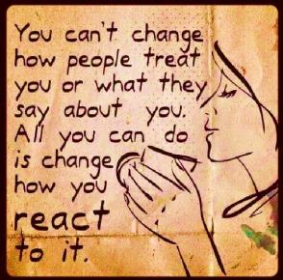


Freshers' Observation

The parents of Montessori Freshers were invited to observe the Montessori environments between 21st to 30th November 2023. This was the first time that these parents got an opportunity to have a peek into the enchanting world of Montessori at NPSKRM. Parents were intrigued, fascinated and in awe, as they witnessed the magic that unfolds every day in their child's learning space.

A parent-teacher conference was held on the same day and teachers took the time to answer all queries put forth by the parents. Parents and teachers both were eager to forge a conducive relationship that will support children in their journey of discovery, growth and development!





Encouraging Emotional Resilience

Resilience is the ability to 'bounce back' after challenges and tough times. For children, challenges and tough times include experiences like starting at a new school or kindergarten, moving house, or welcoming a sibling into the family. Parents and educators play an essential role in fostering emotional resilience in children. We serve as role models, demonstrating appropriate emotional expression, regulations, and expression. Through our actions and verbal expressions, we educate children on how to navigate and help them build an expression vocabulary.

Here's why it is important to build emotional resilience in kindergarteners. They tend to :-

- Have better physical health
- Have better emotional health
- Do better at school
- Get on better with friends

Let us all work together to build emotional resilience amongst all our children to enable them to handle whatever life throws at them....

Here is a video that will help you understand emotional resilience:

[A Lesson On Resilience.mp4](#)

Compiled by – Ms. Vidya Ballakoor

Designed and Edited by – Ms. Veneetha Sunita