

Suga

Kindergarten Newsletter





"Saare Jahaan Se Achha, Hindusthan Humara..."

The little Kindergarteners celebrated our nation's Independence day on 14<sup>th</sup> August 2023 with zeal and excitement. The children and teachers expressed their patriotism by wearing the colours of the Indian flag and singing patriotic songs. The teachers narrated stories emphasizing values of courage and unity, and how it helped India become an independent nation.











The students also surprised everyone as they danced to the tune of popular patriotic numbers during the snack break for the whole school. The Early Learners surely stole the hearts of the onlookers. This was a vibrant and visually impactful way to celebrate the 77th Independence Day.

Jai Hind!











## Happy Onam!

Onam celebration at school was a colourful and educational experience for children. The children came dressed in mundu-vesti and long skirts, the traditional Kerala attire. The story King Mahabali and the significance of Onam helped children understand the mythological and cultural aspects of the festival. The highlight of the celebration was making their own pookalam in class. The students along with their teachers created their unique flower carpet with colourful flowers they brought from home.































### Health and Hygiene are as important as ABC...

#### Always Be Clean!!!

Health and hygiene is an integral part of overall well-being. This was the value in focus for the month of August.

In class the children were given a live demonstration of how germs, though not visible to the naked eye, actually exist and how they can be cleaned. After participating in a discussion on importance on keeping our surroundings neat and clean, the children themselves took up the task of tidying up their classroom, wiping the table and sweeping the class.

The school nurse Ms.Deeksha spoke to the children on the importance of personal and oral hygiene. She also demonstrated the right way to wash one's hands.



The value in focus for the month of September was 'Respect'. The teachers emphasized on the importance of showing respect to one another. The goal was to plant the seeds of 'RESPECT' in the minds of our tiny tots and help them build a strong foundation for healthy relationships as they grow. Teachers shared stories, did role-plays and gave examples of real-life situations on how we can show respect to everyone around.





























## COMMUNITY Workers & Helpers

"Community helpers are everyday heroes, quietly working to make our world a better place."

As a culmination for the EVS topic on 'People Who Help Us', a Show and Tell was held from 20th to 22nd September where the little stars from dressed came professionals from diverse fields. The children spoke about their chosen community helper with great clarity. This experience encouraged our little ones to recognize and appreciate the different people in our community who work to keep us all safe, healthy and educated!





# SPECTRUM

The sun shone brightly and laughter filled the air on 27th September 2023, as our little stars of Kindergarten 1 gathered for their much-anticipated In-house Sports Day, **Spectrum 2023**. The tiny tots, full of energy and enthusiasm, showcased their athletic abilities in a series of delightful track events like 'hop like a bunny', 'balance it to win it', 'collect your wildlife' and so on. The finale was a face-off between the 2 sections of KG1, a single glass of water went through 30 glasses held by 30 tiny hands. The focus, dexterity and concentration displayed was a sight to watch. Each child was a winner!!















# SPECTRUM

On 3<sup>rd</sup> October 2023, it was time for the Kindergarten 2 students to participate in the In-house Sports Day. With colorful uniforms and beaming smiles, the little athletes participated in a variety of ageappropriate track events, ranging from sack race to hurdle race.

Like the KG1 students, these KG2 students too participated in the group event with great enthusiasm. On display was teamwork and camaraderie at it's very best.

All our little sportspersons were awarded with a certificate to acknowledge the sportsmanship and team-work demonstrated during the Sports Day.















#### "Tell Me And I Forget, Teach Me And I Remember, Involve Me And I Learn...."

Learning Centers continues to garner much enthusiasm amongst our students as they consolidate their learning of various concepts through fun thoughtfully curated activities put together by the teachers. Parents were the invited to witness the live action during the learning centers. Needless to say, the parents were pleasantly surprised to witness their 4 and 5 years olds work collaboratively, provide peer guidance when required and, take responsibility of winding up and keeping the station prepared for the next group of classmates.

The KG2s showcased their learning for the concepts 'greater than, less than' and 'consonant blends' while the KG1s had learning centers on 'shapes', 'colours' and 'blend and read'.





## Colours

















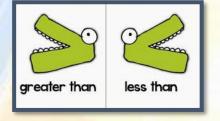












































































The last day of Term 1 was filled with games, music, dance and fun activities for our little Kindergartners. With Dussehra round the corner, teachers narrated stories from Indian mythology. Children were super excited to share the party snacks they had got with their friends. A befitting end to a term filled with innumerable joyous moments.





## Class Paity















### No two children are alike and neither do they learn in the same manner. Similarly, no two academic years are the same.

Here at NPS, Koramangala we make every effort to study the latest global trends in education and adapt ourselves accordingly.

On 4th and 5th July, teachers were part of a training conducted by TTA on the use of 'Graphic Organisers' to drive learning.

On 27th September, Ms. Lakshmi Hariharan from the Madras Dyslexia Association (MDA) conducted a workshop on 'Identifying and supporting students with challenges faced'. She reiterated the need for systematic and consistent support in school as well as at home, so that the children are equipped with coping techniques which will help them deal with the challenges, in a viable manner.

Every month, the Kindergarten teachers across the NPS group of schools undergo online / on-site training sessions, to help them stay true to the school's vision.

Teachers are also encouraged to work as Professional Learning Communities. They meet regularly, discuss the success and challenges faced, and use the shared experiences to arrive at practical strategies to improve the classroom experience for all our children.





You can't change how people treat you or what they say about you. All you can do is change how you react to it.

#### Encouraging Emotional Resilience

Resilience is the ability to 'bounce back' after challenges and tough times. For children, challenges and tough times include experiences like starting at a new school or kindergarten, moving house, or welcoming a sibling into the family. Parents and educators play an essential role in fostering emotional resilience in children. We serve as role models, demonstrating appropriate emotional expression, regulations, and expression. Through our actions and verbal expressions, we educate children on how to navigate and help them build an expression vocabulary.

Here's why it is important to build emotional resilience in kindergarteners. They tend to :-

- Have better physical health
- Have better emotional health
- Do better at school
- Get on better with friends

Let us all work together to build emotional resilience amongst all our children to enable them to handle whatever life throws at them....

Here is a video that will help you understand emotional resilience: A Lesson On Resilience.mp4



Compiled by – Ms. Jinal, Ms. Rajalakshmi & Ms. Rashmi Designed by – Ms. Aditi Srinath Edited by – Ms. Veneetha Sunita