

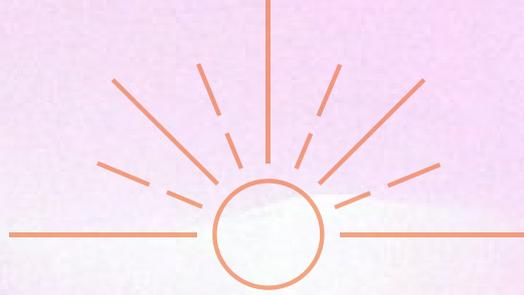
Volume 1

National Public School Koramangala

REVERBERANCE

23rd May-30th June 2022 Newsletter





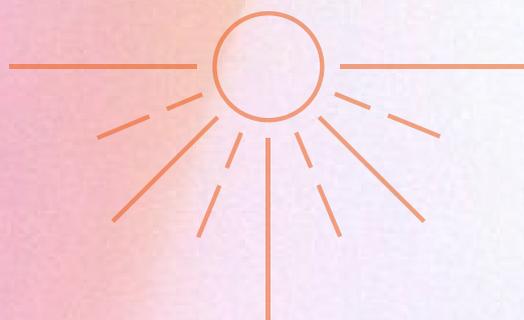
Dear Readers,

There is no greater excitement than coming back to school after two years! We watched this live! Shining fresh faces, happy smiles; laughing, chattering; the joy of meeting friends; with a bounce in their steps and dreams in their eyes they stepped into the world of new hopes, and we, embracing all their aspirations welcomed them with the promise to nurture what is best in them.

For the past month, our students have been part of many activities and events that help them acquire a new skill or strengthen an existing competency. They are gaining confidence as they discover themselves, they are getting more organized and learning to balance all that matters. In a nutshell, each day is a new day of celebrating life!

In this direction, we are taking a new step. From this edition onwards, we will have a section on Career Counselling- Udaan, in our newsletter. This space will be dedicated to some useful information that will be helpful in an aspect of college or career awareness. First in the series, we have an article by our alumna Niveditha S Iyer, Class of 2020, currently a second-year student of Computer Science at Stanford. Please don't miss it!

Happy reading...



Achievements

The **Kishore Vaigyanik Protsahan Yojana (KVPY)** is a National Program of Fellowship in Basic Sciences, initiated and funded by the Department of Science and Technology, Government of India, to attract exceptionally highly motivated students for pursuing basic science courses and research career in science.

We are delighted that our students **Advik Kabra** of **Grade 12 A** with the rank of 360 and **Achyuth H. Warriar** of **Grade 12 B** securing the rank of 883 have qualified in KVPY 2021.



Advik Kabra



Achyuth. H. Warriar

Debosmita Roy (Grade12B) secured the 24th rank in the Indian Olympiad Qualifier in Mathematics (IOQM) 2021-22. It was held on 6th March 2022 across India to select the top six students to represent the country in the International Mathematics Olympiad (IMO). Due to the pandemic top 100 students will not be invited to the usual training camp but will still be able to attend an orientation program and award ceremony.

Prakaash Saran (Grade 8 A) was declared number 1 in Karnataka Tennis U-12 Boys 2021 (news was shared in newsletter Vol 6 2021-22). In April Prakaash was felicitated by Senior Tennis Players Association of Karnataka and awarded Rs 50,000 for securing the coveted number 1 position in Karnataka,

He won medals in all the three Lawn Tennis Events at Mini-Olympics held between 16.5.22- 22.5.22. Prakaash won Gold in the Team event, Silver in Doubles and Bronze in Singles. Saraan was also the youngest member in Bengaluru tennis team. The Mini-Olympics was inaugurated by both the Governor and the Chief Minister of Karnataka.

In yet another competition, **Prakaash** won the Doubles finals of All India Ranking, U 16 Championship Series held at Aspire Tennis Academy, Bengaluru. This is his first under 16 final.



Prakaash Saran



SOF

NATIONAL CYBER OLYMPIAD

Sreejani Bhaduri (Grade 6, 2021-22) secured International rank No. 6. She received gifts worth Rs. 1000/-, Zonal Gold Medal and a certificate of Zonal Excellence.

Sreejani Bhaduri Grade 7A has been awarded SOF AES scholarship 2020-21 for her overall performance in all the SOF exams for the year 2021-22. She is declared the winner for Grade 6 from Karnataka Zone 1 and will be awarded a trophy, cash award / scholarship of Rs 5000/- and a citation.



Sreejani Bhaduri



INTERNATIONAL MATHEMATICS OLYMPIAD- IMO

Rhea Mehrotra (Grade 6, 2021-22) International rank 8 received gifts worth Rs. 500/-

Sreejani Bhaduri (Grade 6, 2021-22) International rank 4 received gifts worth Rs. 1000/-

Sreyan Panda (Grade 6, 2021-22) International rank 3 received gifts worth Rs. 1000/-



Rhea Mehrotra



Sreyan Panda

Elena Das (Grade 7, 2021-22) International rank 5 received gifts worth Rs. 1000/-
Pranit Goel (Grade 8, 2021-22) International rank 1 received gifts worth Rs. 1000/-
Sharvari Barhanpure (Grade 11, 2021-22) International rank 3 received gifts worth Rs. 1000/-



Elena Das



Pranit Goel



Sharvari Barhanpure



Udhyam Shiksha's Online Entrepreneurship Program (OEP)

The **Entrepreneurship** students of **Grade 12** participated in **Udhyam Shiksha's Online Entrepreneurship Program (OEP)** organised by CBSE, from January 2022 to March 2022. OEP's practical, real-world activities gave students experiential exposure and introduced them to the basics of developing a customer-centric business offering.

The students brainstormed in groups, prepared a presentation with their unique business idea, and pitched it to the mentors.

Ashika D Ram, Shivani Kharosekar, Naina Menon pitched the Business idea - **Thrive** and **Abhishek Noronha, Vaishnavi Bhaskar, Ayodhika Basu** pitched the idea - **Vichar**.

40 schools across India participated in the program with more than 700 students registering for it. More than 300 unique and innovative business ideas were submitted and 100 of the most inspiring ones were selected and compiled in this booklet. (PFA the link for the booklet "100 Innovations That Inspire")

It is a matter of pride that both the teams of NPS Koramangala featured in the top 100 and have their ideas published in this e-booklet. Kudos to their effort!

Vichar
Everything begins with an idea

Vaishnavi Ayodhika Abhishek
11th Grade
National Public School Koramangala
Ankita Chakraborty

Customer Problem
Some individuals might have a unique business idea but no means to start a business while others might have the financial resources to start an enterprise on their own but lack the business idea for it.

Proposed Business Idea
Vichar is an app that allows the exchange of ideas from people who have them to others who needs them. We connect those who have ideas to those who want to become entrepreneurs but are unsure of the idea they should go through with.

Selling Plan

- Advertisement and brand awareness campaigns via social media channels
- Have brand sponsors like celebrities
- Word of mouth.

Financial Plan
Through boot strapping
Cost Analysis: We estimate our funding requirements to ₹ 5,00,000.

scan the QR code

Udhyam
Learning Foundation

Thrive

Ashika D. Ram, Shivani Kharosekar, Naina Menon
11th Grade
National Public School Koramangala
Ankita Chakraborty

Customer Problem
Lack of resources and guidance amongst commerce students when it comes to career choices.

Proposed Business Idea
Our website provides adequate guidance and information which helps students to select and pick a career in the commerce field out of lot of options.

Selling Plan

- Sponsoring youtubers, influencers to advertise our product.
- Partnering with schools
- Advertising our App on social media.

Financial Plan

- Will seek initial investment from bank
- Will onboard initial set of coders to develop website.

scan the QR code

Udhyam
Learning Foundation

Events

STUDENT COUNCIL ELECTIONS

With the commencement of an exhilarating new academic year 2022-23, the stirring speculations about the new student council flew across the NPS KRM campus. After rounds of zealous campaigning, elections for the positions of School Prefect and Captain for the four Houses were held on 27th May and 3rd June 2022, respectively. For the position of School Prefect, the nominees were: **Ankita Anand, Anvita Verma and Nishtha Ladi.**

For the position of Captains, the nominees were:

Challenger House - Arjun Manoj and Karthik Sanoj

Explorer House- Kushagra S and Rishit Prakash

Pioneer House- Advik Kabra and Abhishek Noronha

Voyager House- Nishtha Ladi



Like every year, the procedure may have been routine, not the rhetoric. Each canvassing speech, sparkling with the innate character and the distinctive charisma of each candidate left an impression on the audience. Gusty and eloquent contestants flexed their muscles and rolled out their ambitious manifestoes. The electorate, though predisposed to be wooed, found it hard to select the winner. While students of Grades 12 and faculty cast their ballot for Prefect, Grades 10 and 11 were also included for House positions. The Principal, **Ms. Jyotsna Nair** announced the results amidst loud cheering by the supporters and members of all four Houses. **Ankita Anand** won and was designated the School Prefect. The elected House Captains were: **Karthik Sanoj** (Challenger House); **Kushagra Sisodia** (Explorer House); **Abhishek Noronha** (Pioneer House) were the winners. **Nishtha Ladi**, the sole candidate for Voyager House, was elected unanimously.



Investiture Ceremony

The investiture ceremony at NPS Koramangala is always a celebration of the journey called life, where student leadership is a crucial milestone. On 24th June 2022, the auditorium, after two long Covid years, once again reverberated with the resonating beats of mridangam, tabla; lively violin notes accompanying the melodious invocation prayer Mythriyeem bhajathe, which was originally sung by Bharat Ratna Dr. M S Subalakshmi. at the United Nations on Oct. 23, 1966, on the occasion of UN day. The jubilation echoed through school when 71 students were invested with the golden badge of leadership in various capacities in the Student Council 2022-23. This year's Investiture ceremony was special in the way that for the first-time students self-nominated themselves for the Club they were capable of representing, making it a student-empowering two-way process. Addressing the gathering, Principal Ms. Jyotsna Nair talked about the stiff competition the nominees had to face to secure the coveted positions. Ms. Nair underscored the importance of constant hard work and the need to contribute valuably to the respective clubs. The principal assured the student community that any viable innovative idea/proposal will be accepted by the school as change is always welcome at NPSK.



Ms. Abha Gairola's inspiring speech urged the leaders to be selfless and strive to make the world a better place. Amidst loud cheering and thumping, the badges for prestigious clubs were announced which were bestowed by the principal and the coordinators to the proud bearers of the new office. The School Prefect, Ankita Anand pledged to work together to raise the bar and keep the NPS flag flying high.



Taking forward the revered legacy of the institution, the school flag, sports flag, and the flags for the four Houses were handed over to the new leaders. An English song by the students of Grades 4- 10 and a semi-classical dance by the students of Grade 8 were greatly admired. The alumni turnout in large numbers exuded warmth and charm to the whole occasion.





National Public School, Koramangala

Student Council 2022-23

S.#	Post	Grade 12	Grade 11	Grade 10	Grade 9
1	School Prefect	Ankita Anand - A	Adrija Thakur - B		
	Sports Captain	Anvita Verma - B	Disha Kannan - C		
	Sports Coordinator	Arjun Manoj - A			
	Challengers	Karthik Sanoj - B	Amrit Arora Kuruganti - A		
	Explorers	Kushagra Sisodia - B	Tanvi Koranne - A		
	Pioneers	Abhishek Noronha - C	Vidya S - A		
	Voyagers	Nishtha Ladi - B	Abhinav Sundaram Iyer - A		
1	Quiz Club	Ayaan Ur Rehman Kidwai - C	Dev Upadhyaya - B	Spandan Shee - C	Aryannsh Batra - C
2	Literary Club	Anushka Jha - C	Diya Agrawal - A	Keshav Kordale - A	Aditi Vishal - B
3	Music	Siddharth Pereira - A	Sahana S - A	Upasana Sharada Gupta - B	Avantika Suresh - A
4	Performing Arts	Mayuki Gupta - A	Rishika Gupta - A	Pratiksha Rout - C	Shreya Sethuraman - C
5	Science	Rishit Prakash - A	Avyakta Voruganti - B	Sreyashi Dasgupta - A	Samarth D Gowda - B
6	Math	Debosmita Roy - B	Gokul Vemuri - B	Tanisha Piri - C	Nirvik Dey - C
7	Cyber	Nand Vinchhi - B	Vihaan Mehrotra - A	Soham Bharadwaj - B	Ananya Mahesh - A
8	Dramatics	Akshay Aiyer - A	Sia Bhajji - A	Pranit Mukherjee - B	Maitrayee Kundu - B
9	Eco	Ria Raghu - C	Renee Tanya George - B	Palak Mehta - B	Aliya F Ghaus - A
10	Art	Riya Nagar - B	Mridhula V - B	Avni Kansal - B	Ivana Dwani Chander - C
11	MUN	-	Maanya Golash - B	Rishi Rajesh - A, Samridh Sood - A	Nishant Ray - C
12	Commerce	Ananya Miriam Jose - C	Nikita Agarwal - C		
13	School Magazine	Yamini Venkatesan - A	Devanshi Jaiswal - B	Kavya Shankar - B	Suhaani Roy - B
	Des Supp Magazine		Aryaroop Bose - B	Devarati Mukherjee - B	Ananya Sukruta Mysore - B
14	Community Outreach				Shubh Kunal Jani - A
15	Interschool Coord.	Anjali Shivakumar - C	Roshni S - A	Anshi Dev - B	Akshit Raj - C
	Sports Coordinator				

Parent Orientations

NPS KRM extended a hearty welcome to the parents of Grades 6-12 to the new academic year as it conducted the Parent Orientations from 28th May to 11th June 2022. Class teachers of the respective grades provided comprehensive insights into important aspects of the assessment structure, encompassing all vital elements across scholastic and co-scholastic areas. Taking cognizance of the fact that universally, children are finding it challenging to tune themselves to the physical mode of classes after two years of online classes, the focus was on the need for parents and the school to come together to bring back our children to the best of their mental and emotional health. The Principal, **Ms. Jyotsna Nair**, exhorted the parents to keep communication channels open with the children, to be alert for warning signs of rising stress levels, while sharing valuable tips to make learning optimum and productive. All queries from parents were answered by the Principal during the Q and A session at the end of each presentation.

Grade 6 Orientation

CLASS TEACHER 6A ASSOCIATE CLASS TEACHER

Ms. Shari Muradeedharan
Ms. Manisha Mishra

PE, YOGA & LIFE SKILLS

The students will be assessed based on the following factors..

- Overall fitness
- Active Participation
- Team-spirit
- Commitment

healthy body + healthy mind = happy life

Graded by the PE / Yoga & Life Skills teachers

Grade 7 Orientation

Welcome

What We Learn BECOMES A PART OF WHO YOU ARE

A child is like a butterfly in the wind,
Some can fly higher than others,
But each one flies the best he can-
Why compare one against the other?
Each one is different-
Each one is special-
Each one is beautiful.

COMPUTER SCIENCE AND CO-CURRICULARS

Ms. Jijy George Computer Science
Ms. Sarita Unni Yoga
Ms. Carol Fernandes Art
Ms. Shabheen Salat Life Skills
Mr. Alphonsus Sagayaraj Physical Education
Ms. Azhar Fatima Library

From Computers, PE, Yoga, Art and Library we gain joy unlimited that breaks the mundane

Grade 8 Orientation

COMPUTER SCIENCE AND CO-CURRICULARS

Ms. Rashme Rajesh Computer Science
Ms. Sarita Unni Yoga
Ms. Pallabi J Sarma Art
Ms. Aparna Dinesh Life Skills
Mr. Alphonsus Sagayaraj Physical Education
Ms. C K...

From Computers, PE, Yoga, Art and Library we gain joy unlimited that breaks the mundane

Mental Well-being

CONNECT, BE ACTIVE, TAKE NOTICE, GIVE, KEEP LEARNING

Grade 9 Orientation

ASSESSMENT SYSTEM AT A GLANCE

The diagram shows three main categories of assessment:

- Scholastic:** Periodic Tests 1, 2, 3 & Annual Examination
- Co-scholastic:** Internal Assessment, Health and Physical Education, Visual & Performing Arts (VPA)
- Discipline:** Attendance, Sincerity, Behaviour, Values

A few tips...

Students are encouraged to

- Have a fixed routine
- Focus in class
- Complete tasks on time
- Seek guidance on a timely basis
- But most importantly, enjoy what you do.

Grade 10 Orientation

National Public School, Koramangala

Parent Orientation for Grade - 10 2022-23

TERM 1

Test	Periodic Test 1	Periodic Test 2
Marks	30	80
Tentative dates	18th to 22nd July 2022	12th to 23rd Sept 2022

SCHOOL COUNSELLOR

Name: Ms. Sunanda Vinayachandran
 Phone No.: 9886601541
 Email id: schoolcounsellor@npskrm.com
sunandav@gmail.com

Grade 11 Orientation



Grade 12 Orientation

“Your positive action combined with positive thinking results in success.”

ASSESSMENT SYSTEM AT A GLANCE

The diagram shows two main categories of assessment:

- Scholastic:** 2 Unit Tests in Term 1 & II Semester Examinations, Pre-Board Examination, Internal Assessment
- Co-scholastic:** General Studies, Health and Physical Education - Games, Health and fitness & SEWA

World Environment Day

Seneca said, "Nature has given us seeds of knowledge, not knowledge itself". The World Environment Day 2022 celebration at NPS KRM on 3rd June 2022 was an opportunity for Gen Z to scatter those seeds by promoting consciousness to nurture nature. This year's Environment Day theme is '**Only One Earth,**' focusing on 'Living sustainably in harmony with nature.' Students of high school found creative mediums to disseminate the message. Their melodious and peppy songs in Sanskrit and French indeed struck the chord. The quiz on nature and wildlife tested the children's knowledge and stimulated them to be more aware of the severe impact of human actions on the environment. A video message from **UNEP Executive Director Inger Anderson** further reinforced the call for redemption. Our young crusaders' pledge to go beyond merely making changes in the lifestyle to restore the environment assured our belief in their conviction.



20th Founder's Day

NPS Koramangala turns 20! The big happy family celebrated this momentous occasion on 20th June 2022 with the honourable **Dr. (Mrs.) Santhamma Gopalkrishna**, Dean, NPS Group of Institutions, NAFL & TISB; the **Principal Ms. Jyotsna Nair**; and all the members of teaching, administrative and support staff. The 20th Founder's Day was an opportunity to recall how the vision and the philosophy of **Dr. K.P. Gopalkrishna, Chairman**, NPS Group of Institutions, NAFL & TISB and Dr. (Mrs.) Santhamma Gopalkrishna became a concrete reality. In her address to the staff, the Dean lauded everyone for their immense contribution and resilience during the darkest days of the pandemic. She narrated anecdotes from her life; a message to all to adapt to change. The 20th anniversary of NPSK was the day to walk down memory lane and celebrate the school's proud history of excellence in providing quality education. Reminiscence filled the air as everyone nostalgically watched a picture gallery of the school's first triennial events beginning way back in 2003: **AHAN, Sports Day, KHOJ, the first Graduation Day** and many more. A musical ensemble and a fun facts quiz relived those unforgettable moments that never fail to tug at the heartstrings. It was also the time to felicitate staff members who have been with the school since its very inception.



International Yoga and World Music Day

When two global events concur, the effect is phenomenal. NPS KRM celebrated International Yoga Day and World Music Day on 21st June 2022. The confluence of the two events finds best expression in the words of the legendary yoga guru B.K.S. Iyengar "Yoga is like music: the rhythm of the body, the melody of the mind, and the harmony of the soul create the symphony of life." The music, the yogic and the musically yogic performances by students of Grades 2-12 were a glowing tribute to these forms.



A yoga performance by students of grade 6 beautifully complementing the euphonious recital of shlokas at the very outset created a melodiously peaceful aura. This year being **Azadi ka Amrit Mahotsav**, students of grades 6 to 8 presented a graceful yoga piece set to the patriotic 'Ma Tujhe Salaam', to mark the 75th anniversary of our independence. Fusion music (by proficient veena, violin, tabla and keyboard players) on **Muthuswami Dikshitar's** compositions by students of grades 6-12 spread the message of this year's International Yoga Day theme, '**Yoga for Humanity**'.



When it seemed that the program had reached its crescendo, students of grades 2 to 5 came who floored the spectators with their flexibility and grace while performing yoganasan in incredible formations. The upbeat western music that followed serenaded and drew everyone along, clapping and singing, into a musical rapture. '**Adi Yogi**', a performance by students of grades 9 to 12 exquisitely showcased how yoga can be a medium to connect to the supreme being and bring harmony and spirituality into our lives.

The finale of this spectacular day was equally immersive; a foot-tapping fusion of veena and mridangam by two students of grade 12 - a soul-lifting rendition, indeed! A pleasant surprise awaited the audience; NPSK alumnus **Dr Melvin Matthews'** dulcet crooning left the spectators asking for more..... The programme ended with everyone coming together for a brief meditation, underlying the significance of silence and stillness in our otherwise chaotic lives.



Universality of Frost's poems

The students of grade 10 celebrated the birth centenary of the American Poet **Robert Frost** on Thursday 23rd June 2022. Enthusiastic teamwork and innumerable rounds of practice culminated in an impressive presentation in the school auditorium. The event commenced with a very informative Power Point Presentation on the life and achievements of Robert Frost, followed by a quiz. The students also put up a brilliant play based on the poems of Frost. The theme of the play centered around the career choice issues and excessive parental pressure faced by the student community. The most praise-worthy feature was that the PPT, script and direction were conceptualized and executed by the students. Greatly appreciated by the audience the event was a resounding success. The thunderous applause which reverberated across the auditorium was proof enough.



Udaan – Career Counselling

SAT AND BEYOND

Rather than indulge in observations about my time in an American college, I feel it will be more useful for me to use this opportunity to address the issues that students have asked me privately over email. I suspect that these questions are more widespread. I certainly had them in the final years of my schooling. My thoughts are by no means “expert” observations. Rather I write in the spirit of the economist John K. Galbraith. I am attempting to address the points below not because I claim to know the “right” answer but because I have been asked. And I have the benefit of some experience. For many of these questions, I suspect that there can’t be a right answer because, like with many things in life, “it depends.”

Let me start by addressing questions about SAT preparation.

There isn’t one best guidebook. Most of the guidebooks out there are comparable to one another. I used Princeton & Barron’s because somebody gave those to me. Definitely use the College Board guidebook because it is free and from the board that sets the exam. I used its equivalent electronic version on Khan Academy. The College Board papers are official so they supposedly more closely represent actual SAT papers than the other guide books. I would not advise anybody to use more than two guidebooks in addition to the College Board resources.

I know that some students take the SAT multiple times to get better scores. I think it is a waste of money, time, and effort. Get sufficient practice and take it once. The only reason to take it again is if something happened on the exam day that really ruined your performance, such as an illness or family emergency. I took the SAT only once and it worked for me. Others may well hold contrary views with their own justifications.

We all have a learning curve. With practice, we ride up the learning curve and then our score plateaus at some point. If you are three months or less away from the SAT you should try to ride up the curve and get as close to that plateau by exam time. You’ll see that as you take the official practice papers over the ~3-month period. That plateau score is around what most people get (+/- a little bit). If you are looking at a longer time frame before the test, that is when you can improve your fundamentals and shift your learning curve upwards.



Niveditha S Iyer, Class of 2020, was accepted to both MIT and **Stanford University**. She is currently a second-year student of Computer Science at Stanford.

I have received many questions on balancing time and complete comprehension in the Reading Section. "If I concentrate on finishing on time, I lag in accuracy and vice versa" is a repeated concern. And it is true for most of us - but practice will make you better. Read the questions quickly first. Then read the passage and look specifically for what will help you answer those questions. For the pair passage: answer all the questions on individual passages first and then move onto the questions that involve both passages. I did not set aside time for reading and answering separately, that would only distract me. But do whatever works best for you (you will find out with practice) - if that is timing yourself for reading and answering, then go for it.

In answering multiple choice questions, if you have narrowed it down to two, that means you have already increased your odds of getting the question right. Pick one and move on. Time is scarce. Pick quickly and don't look back. Your instincts will improve with practice. Trust them to make your choice and move on. Sometimes it's okay to not be able to identify the right answer. In those instances, pick out the one that seems least wrong.

Some have asked me for the hours I devoted to SAT. I kept a very flexible schedule so can't give you an exact number. In general, it gets hard prioritizing school and SAT (and coaching class for many). Focus on outcomes, not hours spent on SAT. And be realistic. Additional effort will often not improve SAT outcomes in the short run. The additional effort will probably give a bigger payoff on other fronts like school. I did not attend any coaching class so I probably had more free time to work around my schedule.

Take all the available "official practice tests" spread out over the last 3 months. My last couple were two days apart during the week of the exam. The first two were 10+ days apart. The important thing is to learn from your mistakes. Write down where you went wrong in tricky questions, review them before you write the next exam. Before getting into the 3-month exam-mode, try to build your fundamentals slowly

SAT scores are important but not the only thing a college looks for. Look at the 25-75 percentile for your target colleges so that you know what score to aim for. Or vice versa. Also, universities look for a band of scores. The most sought-after universities don't distinguish between 1600 or 1590 or even 1580 because all of them register as 36 on the ACT (SAT's equivalent). I can't comment on SAT versus ACT because I never considered the ACT. But some Indian students find that better suited for their test-taking skills.

Beyond the SATs, three consistent questions that come up are:

Why did you choose to study abroad and not in India?

I felt that U.S. universities, especially the private ones, offer a considerably more flexible curriculum, with a wider choice of courses. The technical education here feels more complete because of the mix of liberal arts, humanities and social sciences coursework offered to complement the technical academics. While the IITs do have a humanities department, the size and scope are mostly not comparable. Of course, a determined and self-motivated student in India can get the benefit of all this from reading as well as free courses available online.

When and how did you start preparing for admission to these universities?

I began gingerly with a few APs starting at the end of 9th grade. I took the SAT general in 11th grade (October) and the SAT subject (no longer offered) thereafter. I began writing my applications in July of 12th grade. That worked for me, but barely. I would advise that you start looking at application forms of 4-5 colleges for essay prompts as early as during your 10th grade Dussehra holidays. Earlier is generally better in this regard. It will get you thinking about yourself, your interests, and goals. Beware of getting trapped in resume building exercises for their own sake. It seems sinful to waste the best and final years of one's school life doing things you don't enjoy doing.

How do you compare the experience in foreign universities with the experience of your peers studying in IIT's etc.?

These counterfactuals are impossible to know. There is no control group here, statistically speaking, because we are all unique and we seek different things from our career and life. So, know thyself. Is being close to home and family really important for you? Many U.S. universities are also located in places with harsh winter weather.

In general, the research experience you get is generally much better in the US, as is the emphasis on writing well and developing your own original voice. Of course, that doesn't matter if you don't care for either and are mainly looking to get a degree that lands you a good job. Studying in the U.S. is more expensive unless you are lucky to get a private scholarship or qualify for need-based aid. Because there are so many confounding variables, there is no good way to establish whether the expense will be ultimately worthwhile. So do it only if your family can comfortably afford it. Moving overseas after taking up a job, without prior overseas education, is quite common these days. Don't sweat over the India/U.S. college decision. Either way will eventually work out fine.

Thank you!

Seminar- Myopia Awareness

On 25th June 2022 Narayana Nethralaya conducted a seminar on Myopia. Dr. Muttumeena, Pediatric Ophthalmologist addressed the teachers. She revealed the next future endemic could be Myopia hitting our next generation. Due to the Covid pandemic, screen time has risen and outdoor activity minimized, this could impact the cases of myopia in children drastically. She urged the teaching community to join hands to flatten the myopia curve. She threw light on the symptoms and treatment options of myopia. The role of the teacher in reducing screen time, increasing, 2022 Narayana Nethralaya conducted a seminar on Myopia.

Dr. Muttumeena, Pediatric Ophthalmologist addressed the teachers. She revealed the next future endemic could be Myopia hitting our next generation. Due to the Covid pandemic, screen time has risen and outdoor activity minimized, this could impact the cases of myopia in children drastically. She urged the teaching community to join hands to flatten the myopia curve. She threw light on the symptoms and treatment options of myopia. The role of the teacher in reducing screen time, increase, and encouraging students to blink frequently and focus on distant objects regularly. The Narayana Nethralaya proposed an eye checkup for the entire students and staff of the school as part of their initiative. They concluded the session with an interactive quiz, giving prizes (pen drives) for the right response.



Teacher Speak

A few moves away from greatness...

Some are born great, some achieve greatness, some have greatness thrust upon them. To understand this adage- visualise a chess board with the pieces on it. The first row is lined, what are called the Powers. A pair of Rook, a pair of Bishop, a pair of Knight, a King, and a Queen. In the second row are lined eight pieces of the Pawns. Though we call the pieces in the first row as powers they have one handicap. A rook can only be a rook till the very end. A bishop only a bishop and a Knight only a Knight. The king represents those that are born great. The queen represents those that have greatness thrust upon them by virtue of being the king's wife. Even the pieces of the king and the Queen have the same handicap of being born to a nature living within that nature and finally dying to that nature.

Now let's focus on the Pawns, every pawn is just six moves away from becoming the queen The most powerful piece on the board. The pawn represents us. Though we are born to a nature, we are bestowed with the ability to transcend our nature. We may be born in a middle-class family, but can scale such heights in this lifetime by bringing about an industrial revolution. Dhirubhai Ambani was one such pawn who scaled great heights.



We may have been considered misfits during childhood, but we can become role models for future generations. Boxing was not considered a suitable sport for a woman. However, after Mary Kom's victory in the Manipur state women's boxing championship in 2000, her career became public. She went on to become five-time World Boxing champion and the only woman boxer to have won a medal in each one of the six world championships. and the only Indian woman boxer to have won the bronze medal in the Olympics.

What happens to us is an event, how we process, perceive, and interpret that event becomes our experience. Being pushed out of the train at a railway station in South Africa was an event for Mahatma Gandhi. He would have gone into depression. However, the way he chose to process, perceive, and interpret that event became a turning point not only for him but for a great nation.

So, what we are and what we have been, has no bearing on what we can become. Consistency is the hallmark of greatness. Anyone can perform an occasional act of greatness. Truly great are those who can consistently perform acts of greatness. You will not be remembered for what you do or did once in a way, but for what you do and did all the time. We are like the pawns...just a few moves away from GREATNESS.

Satyadeep Shetty

Faculty, Science department

EXPRESSION

Earth

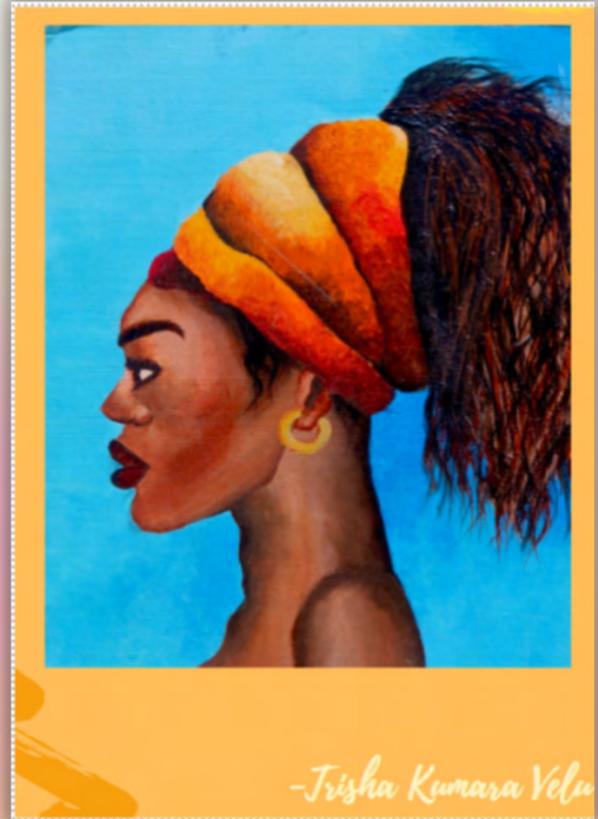
Up a mountain,
At breathtaking heights.

The misty air,
Lush greenery by my side.

Look above,
The azure, blue sky
But from somewhere,

Mysteriously,
I inhale the smell of the sea
And when I look beneath me
I behold the crystal blue sea.

Arham Gada, Grade 7 B



**Trisha Kumara Velu,
Grade 12 B**

More information, more insights, more expressions
in the next edition.

Goodbye!



**Compiled by - Ms. Geeta Kathait with inputs from students and teachers.
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